

	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
Breakfast (7.45am–8:15am)		<i>Selection of breads, spreads, fruits and cereals with fresh homemade yoghurt</i>				
(Additional hot item)		<i>Spaghetti</i>	<i>Porridge</i>	<i>Fruit toast</i>	<i>Baked beans</i>	<i>Scrambled eggs</i>
Morning Tea (10.30am–11:00am)		<i>Piece of fruit and a piece of home baking. Please note that the baking provided at morning tea is NOT guaranteed to be gluten-free.</i>				
Lunch <i>Wed- Sat (1.00pm–1:45pm)</i> <i>Sun (11.30am–12:00pm)</i>		<i>Sushi Rice salad with assorted toppings and wakame.</i>	<i>Pita pockets with falafel, taboulli, hummus and salads.</i>	<i>Bacon and egg pie with salads.</i>	<i>Beef and bean nachos with chili con queso</i>	<i>Bakery basket of bagels, croissants, rolls and salad bar.</i>
<i>Gluten-free</i>		<i>As per main option.</i>	<i>GF falafel wraps.</i>	<i>GF version.</i>	<i>As per main option.</i>	<i>GF bread and rolls.</i>
<i>Vegetarian</i>		<i>As per main option.</i>	<i>As per main option.</i>	<i>Vegetable quiche.</i>	<i>Chilli bean nachos</i>	<i>As per main option.</i>
<i>Vegan</i>		<i>As per main option.</i>	<i>As per main option.</i>	<i>Beetroot fritter stacks.</i>	<i>As above.</i>	<i>As per main option.</i>
Dinner (5.45pm–6:30pm)	<i>BBQ beef sausages, beef/chicken burgers with green coleslaw and pickled summer salads.</i>	<i>Pasta Verde with garlic bread and salad bar.</i>	<i>Roast pork with all the trimmings.</i>	<i>Butter chicken with steamed rice and vegies.</i>	<i>Champagne ham with herbed potatoes and mixed salads.</i>	
<i>Gluten-free</i>	<i>GF sausages and burgers. (Beef)</i>	<i>GF Version.</i>	<i>As per main option.</i>	<i>As per main option.</i>	<i>As per main option.</i>	
<i>Vegetarian</i>	<i>Quorn sausages and vegie burgers.</i>	<i>As per main option.</i>	<i>Cauliflower schnitzels.</i>	<i>Chickpea and vegie curry.</i>	<i>Pumpkin and pesto filo parcels.</i>	
<i>Vegan</i>	<i>As above.</i>	<i>Tomato based vegan pasta.</i>	<i>As above.</i>	<i>As above.</i>	<i>As above.</i>	
Dessert	<i>Ice blocks.</i>	<i>Fruit salad.</i>	<i>Apple sponge.</i>	<i>Chocolate brownie with yoghurt.</i>	<i>(Post-concert)</i>	
<i>Gluten-free/ Vegetarian/Vegan</i>	<i>As above.</i>	<i>As above.</i>	<i>GF/DF crumble.</i>	<i>GF/DF version.</i>	<i>(Post-concert) Vegan option.</i>	
					Light Supper (~8.15pm–9:15pm)	
All gluten-free, vegetarian and vegan options will be labelled accordingly at camp.						

